



Trustee's Annual Report 2022-23



wheelstoheal
recycling chairs : rebuilding lives
Charity Reg. No. SC048507

A point of light

Objectives and activities

Post Covid Wheels to Heal continued to operate as normal, including responding to other global disasters notably in Pakistan with the floods which covered almost one third of the nation and the severe earthquake affecting both Syria and Turkey which killed over 55,000 people. Mobility aid containers were also sent to Gambia, Malawi, Somalia and Uganda.

Back in the United Kingdom we began a focussed campaign to grow the equipment donor base by accessing funding provided by Rangoonwala Foundation which the trustees successfully pitched for the previous financial year. The end goal - to contact every care home in country and inform them of our free Uplift service.

Our volunteer base remained small but committed, and otherwise fluctuated according to the awareness raised and the time people can dedicate.

We are still committed to remaining a 100% donation and volunteer led project (125% where Gift Aid is included).

Our ethos will continue to embrace the importance of humanitarian and environmental well-being aligned to our goal to recycle mobility aids for use by the disabled in areas without access to the NHS support system that exists in the UK, or without the means to access these transformative aids.

We are achieving our vision by:

- expanding our free quarterly uplift service throughout mainland U.K through outsourced targeted tele-calls.
- online use of advertising via Facebook and Google, raising our profile and awareness, but most importantly accessing the donations of mobility equipment from individuals
- word of mouth referrals and social media posts.
- attracting existing outlets that can pass on items such Edinburgh and Croyden Councils and Waste Recycling Centres.
- promoting our goodwill storage partners - such as Big Yellow Storage – who provide a critical storage solution to serve London, The Bazaar in Bradford, and along with local help in the South of England via a national cash and carry chain, and a local that wishes to remain anonymous.
- reducing the amount of waste and landfill in the UK through recycling of discarded and unwanted mobility aids.
- enabling those who cannot afford or have no access to mobility aids in many countries which are either developing their economy or facing conflict or civil unrest remains a central tenet of our approach.
- building strategic partnerships here in the UK and overseas to ensure costs are streamlined and recipients for aids are identified and helped.
- national recognition and exposure for our work. Wheels to Heal received the UK governments flagship “Point of Light” award recognising outstanding individual volunteers - people who are making a change in their community. Trustees Khalid Raza and Abid Ali attended 10 Downing Street at a special Burn’s Night celebration to be presented with accolade on behalf of the charity by the Prime Minister.



The presentation of the Points of Light award at number 10 Downing Street. From left to right; Akshata Murty the Prime Minister's wife, Khalid Raza trustee of Wheels to Heal, British Prime Minister Rishi Sunak, and fellow trustee Abid Ali.

BOARD OF TRUSTEES

Khalid Raza – Chairperson
Abid Ali – General Secretary
Vacancy – Treasurer





Structure, governance and management

Our organisation remains a Single Tier Scottish Charitable Incorporated Organisation.

As part of our initiation process, we developed and agreed an Operational Plan to outline our core objectives and aims and we have and will continue to maintain adherence to that structure.

Where appropriate we will adapt our governing documents adhering to the guidance outlined within our Constitutional Guidelines.

Trustee recruitment and appointment

Our trustees are passionate about helping to improve lives and our organisation enables them to do that. At present we have a vacancy for the Treasurer and are actively looking to fill that role within the next quarter to maintain governance.

We are encouraging our core volunteers to join our Board and intend to maintain a diversity of both Trustees and our support network.

Filling the gaps

Financial review

Our objective remains firmly to raise funds that are used solely to collect, store, recycle and send unused and unwanted mobility aids from the UK and deliver these to people in need across the world.

We used the remaining part of the previous years funding to assist with raising awareness of the charity, advertising particularly during Ramadan, and to partly fund and support trustee visits to Uganda, Sri Lanka, and Pakistan. Visit and participating in on the ground distributions, contribute to our due diligence of our partners operations and gaining valuable feedback and case studies for all of our stakeholders and fundraising activities.

The lengthy process for renewed funding left a period of uncertainty although good relations remained in place between both parties. The cost of living crisis continued to impact our shipping, van hire and fuel costs. In part we were able to address this through strengthening partnerships and working with other charities such as MyMalawi and larger international disaster focussed charities ISRA UK and Action for Humanity.



*Patient at Victoria Care Home in Columbo sit proudly next to his assisted mobility device.
Wheels to Heal volunteers in Glasgow loading a container desitined for The Gambia.
Victims of the Pakistan Floods standing behind their ruined home recieve Zakat Funds.
A disabled female recipient from Jinja, Uganda in her gifted wheelchair.*

Statement of Financial Activities Year ended 30th June 2023

	Notes	Unrestricted Funds 2023	Restricted Funds 2023	Total Funds £	Total Funds £
Incoming Resources					
<i>Incoming resources from generated funds</i>					
Voluntary Income					
Donations		89,107	—	89,107	55,434
Total Incoming Sources		89,107	—	89,107	55,434
Resources Expended					
Charitable activities	2	43,849	—	43,849	30,485
Equipment Donated	3	58,041	—	58,041	56,700
Total resources expended		101,890	—	101,890	87,185
Net movement in funds		(12,783)	—	(12,783)	(31,751)

Balance Sheet As at 30 June 2023

	Notes	2023 £	2022 £
Current assets			
Cash at bank and in hand		48,768	61,551
Net current assets		48,768	61,551
Net assets		48,768	61,551
Funds			
Unrestricted Funds	4	48,768	61,551
Total Funds		48,768	61,551

The notes below form an integral part of these accounts which were approved by the Trustees on the 24th of May 2024 and signed on their behalf by:

Khalid Raza

Khalid Raza (Chairperson)

Fahim Siddiqui

Notes to the Accounts / Year ended 30 June 2023

	Unrestricted £	Restricted £	2023 £	2022 £
2 Charitable Activities				
Volunteers' Costs	9,307	—	9,307	—
Travel and subsistence	9,767	—	9,767	8,641
Van Hire and Expenses	12,143	—	12,143	10,209
Utilities	324	—	324	174
Stationery and printing	500	—	500	43
I T Costs	541	—	541	460
Insurance	747	—	747	1,428
Admin Expenses	114	—	114	—
Sundry expenses	471	—	471	2,497
Consultancy fees	—	—	—	1,000
Advertising and PR	9,935	—	9,935	6,033
Capital Expenditure				
	43,849	—	43,849	30,485
3 Equipment Donated				
	Unrestricted	Restricted	2023	2022 #
Equipment Purchased	—	—	—	7,268
Delivery and Renovation	41,426	—	41,426	49,432
Storage	917	—	917	—
Funds Donated	15,698	—	15,698	—
	58,041	—	58,041	56,700

4 Unrestricted Funds

At 1 July 2022
Surplus (Deficit) for the Year
At 30 June 2023

2023
£
61,551
(12,783)
48,768



Afghanistan

Afghanistan has one of the largest populations per capita of persons with disabilities in the world. At least one in five Afghan households includes an adult or child with a serious physical, sensory, intellectual, or psychosocial disability. More than 40 years of war have left more than one million Afghans with amputated limbs and other mobility, visual, or hearing disabilities. Other Afghans have pre-existing disabilities not directly related to the conflict, such as those caused by polio.

Our first container was delivered successfully in a country forgotten by the international community. Working with and hosted by The Naseer Foundation, Trustee Khalid Raza visited the country in January 2023 to assist with the distribution in central Kabul. Establishing a route in was long process but one which now tested, can be used again.



Pakistan

A follow up trip to the Indian sub continent was merited as this is the country that has benefited the most from the Wheels to Heal initiative with over 10 delivered across the country. The visit included distributing mobility aids, meeting past recipients and Zakat funds distribution. Wheels to Heal was hosted by Indus Community Empowerment Foundation in Sindh.

Taking place during the holy month of Ramadan, the trip started in the remote desert area of Tharparkur where past recipients were visited and along with other assisted with Zakat and Sadaqa funds. A small number of aids were also handed out. The middle part of the trip involved a mobility aid distribution in Ummerkhot with over 50 beneficiaries. The final leg included visiting families of the Pakistan Floods in Sukkar and witness the damage that occurred, as well as a funds distribution to families of disabled children living without any assisted devices near the border with Baluchistan. The latter highlighting the never ending need.

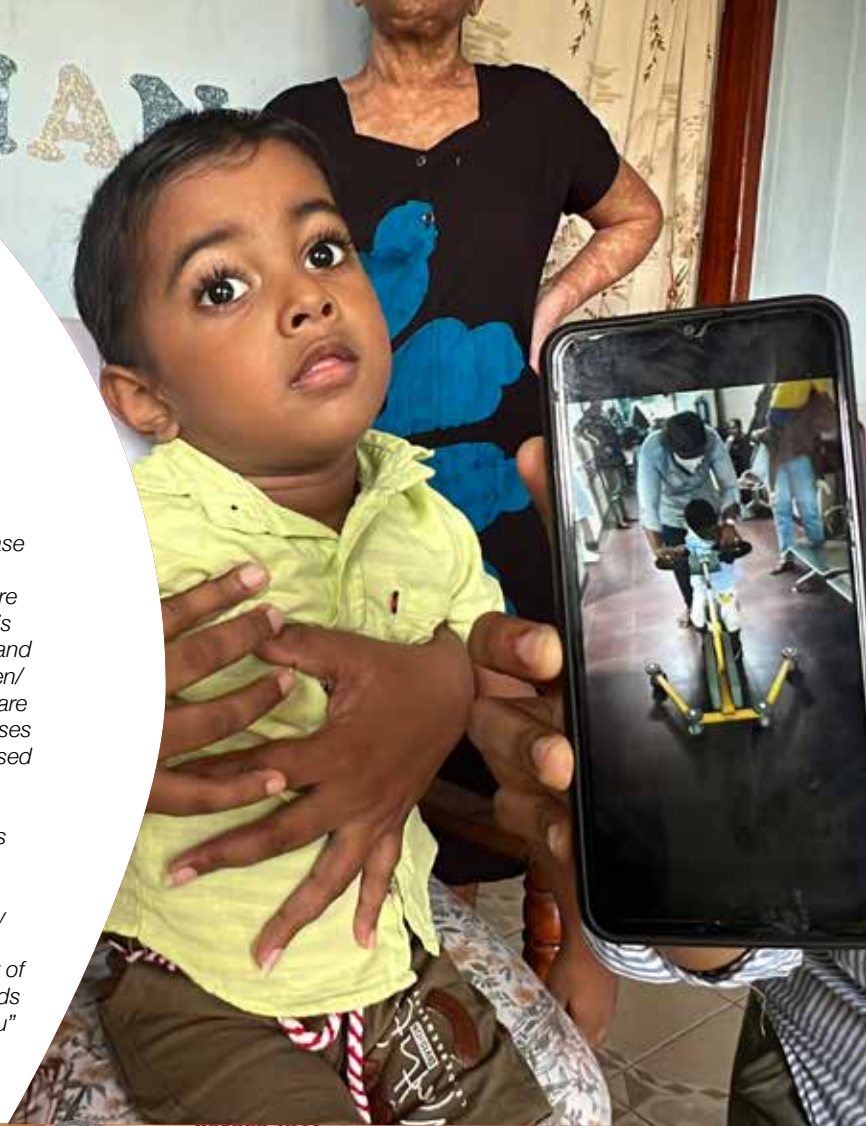




Sri Lanka

As part of our funding agreement a mobility aid container was delivered to a country of our funders recommendation. In this case Sri Lanka. Our chairperson made a visit to the recipient partner MJF charitable foundation based in Colombo The National Centre For Children With Cerebral Palsy And Developmental Disorders is funded by the philanthropic arm of Dilmah Ceylon Tea Services and Resplendent Ceylon. Its mission is restoring the dignity of children/ youth with CP & Developmental Disorders. Visits to one of the care homes " Victoria Home" was also made to see how complex cases are cared for. Particular hard to imagine was the lack of pressurised mattresses for patients with severe cerebral palsy.

Finally a meeting four families with disabled children in need was arranged through a local physiotherapist in the Galle area, in order to further understand the challenges that are faced inside communities. A young couple with a disabled daughter with only a makeshift shelter as a home to a terminally ill devoted mother looking after her severely disabled daughter, with the added fear of who will take care of her when she herself passes. Post trip, funds were generated by our community for each case as a "thank you" and compassionate response.



Uganda

Delivery of our firsts container to this central African country in partnership with ISRA-UK included a visit to assist and meet with the in-country team and end recipients.

Support included storage, field visits to rural communities to identify beneficiaries and a day of distribution was provided by Jinja Islamic Medical Centre. The day of distribution was attended at short notice by the regional Governor who stated that he taken aback when he heard that an organisation was doing a free distribution of aids to his fellow disabled Ugandans. His speech was full of praise and gratitude.

After the event, there was a visit to Home Hope Care Home orphanage run by Edith Lukabwe, which provides residential care for over 80 formerly abandoned disabled children.

The remaining items were distributed nearby hospitals and health centres.