Trustee's Annual Report









Back to the new normal Objectives and activities

With a changed world, 2023 to 2024 saw the charity get back to what it does. Through dedication of the trustees and core volunteers we have now recycled over 28,000 mobility aids for reuse by those in need in countries affected by conflict, economic or political constraints to enable access to the most basic of human rights, mobility and

Despite global supply challenges and rising costs, we managed to source the aids to load and deliver a number of HC containers.

Our primary focus as been on developing and maintaining our Care Home database due to the many challenges faced by that sector. The volunteer base remains small but committed, and otherwise fluctuates according to the awareness raised and the time people can dedicate.

We are still committed to remaining a 100% donation and volunteer led project (125%







High Five Relief Financial review



Financial review Our objective remains firmly to raise funds that are used solely to collect, store, recycle and send unused and unwanted mobility aids from the UK and deliver these to people in need across the world. We used the remaining part of the previous years funding to assist with raising awareness of the charity, advertising particularly during Ramadan, and to partly fund and support trustee visits for the firts time to the Gambia and Tanzania, participating in on the ground distributions, contribute to our due diligence of our partners operations and gaining valuable feedback and case studies for all of our stakeholders and fundraising activities.

Towards the end of the summer period we recieved welcome news in securing £20,000 per annum from The Rangoonwala trust for the next five years to help maintain the charity operations to support both direct and non direct costs.



Trustee recruitment and

maintain governance.

Our trustees are passionate about

At present we have a vacancy for the

Treasurer and are actively looking to

fill that role within the next quarter to

We are encouraging our core

helping to improve lives and our organisation enables them to do that

appointment











Our ethos will continue to embrace the importance of humanitarian and environmental well-being aligned to our goal to recycle mobility aids for use by the disabled in areas without access to the NHS support system that exists in the UK, or without the means to access these transformative aids.

We are achieving our vision by:

- promoting our free quarterly uplift service throughout mainland U.K.
- improving and extending our use of advertising via Facebook and Google, raising our profile and awareness, but most importantly accessing the donations of mobility
- promoting our goodwill storage partners such as Big Yellow Storage who provide a critical storage solution to serve London. Securing new storage in Birmingham after the current goodwill storage came to an end.
- reducing the amount of waste and landfill in the UK through recycling of discarded and unwanted mobility aids.
- enabling those who cannot afford or have no access to mobility aids in many countries which are either developing their economy or facing conflict or civil unrest remains a

Structure, governance and management

Our organisation remains a Single Tier Scottish Charitable Incorporated Organisation.

As part of our initiation process, we developed and agreed an Operational Plan to outline our core objectives and aims and we have and will continue to maintain adherence to that structure.

Where appropriate we will adapt our governing documents adhering to the guidance outlined within our Constitutional Guidelines.











Scotland's Champions in partnership with the Daily Record, Sunday Mail and Utilita will recognise and celebrate the exceptional achievements of ordinary people throughout Scotland.

We have scoured communities across Scotland in search of the unsung heroes – the people who deserve recognition for their efforts that seemingly go under the radar.

Superhero Khalid Raza and the Wheels to Heal team have changed the lives of more than 24,000 disabled people across the world by gifting them mobility and independence.

Thanks to the charity Wheels to Heal discarded wheelchairs and walking aids are being repurposed and given to those who need

For the past eight years Khalid and his team have been rescuing wheelchairs from landfill and donating them to vulnerable people both here in the UK and in war ravaged countries around the

Entirely volunteer-led, the charity have transformed the lives of disabled people in Bangladesh, Iraq, Lebanon, Pakistan, Palestine, Afghanistan, Malawi, Somalia, Syria and Yemen.

Selfless Khalid, 54, from Glasgow, who was named overall Scotland's Champion of 2023 at our glittering people's Oscars last night, said: "I set up Wheels to Heal in 2015 after discovering 150 wheelchairs destined for the scrap. I was horrified knowing there were so many people who could make use of them.



A 40ft container was loaded from our storage location in Glasgow. Lebanon has faced crisis after crisis in recent years, including a refugee crisis from the Syrian civil war, the Beirut port blast in 2020, a cholera outbreak, and an economic crisis that has resulted in skyrocketing poverty and the collapse of essential public services..

Somaliland ____



Ourt first containmer to the semi-autonmous region. A noteworthy discovery arising from analysis is the prevalence of disability in the adult population of Somalia, standing at 11.7 percent.

A container was shipped top the south of Somalia. The majority of people with physical disabilities have limited or no access to health services, education and often experience social and economic stigma and discrimination, which consequently prevents them from obtaining a better quality of life.

Statement of Financial Activities for the year ended 30 June 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Incoming Resources Incoming resources from generate Voluntary Income	d funds				
Donations Total Incoming Sources		71,521 71,521	<u>-</u>	71,521 71,521	89,107 89,107
Resources Expended Charitable activities Equipment Donated	2	38,683 3	- 41,836	38,683 -	43,849 41,836
58,040 Total resources expended Net movement in funds		80,519 (8,998)	<u>-</u>	80,519 (8,998)	101,889

Statement of Balances as at 30 June 2024

	Notes	2024 £	2023 £
Funds Cash Funds Total Cash Funds		39,771 39,771	48,769 48,769
Funds Unrestricted Funds Total Funds	4	39,771 39,771	48,769 48,769

The Examiner's relevant professional qualification or body is:

The Institute of Chartered Accountants of Scotland

F A Siddigui C.A, The Stables, Unit 1, 21-25 Carlton Court, Glasgow, G5 9JP

39,771

Notes to the Accounts for the year ended 30 June 2024

1 Accounting policies

At 30 June 2024

Basis of preparation

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Invest ment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

Nature and purpose of funds

Approved by the board on 16 October 2024

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

2 Charitable Activities	Unresticted	Restricted	2024	2023
Volunteers' Costs Travel and subsistence 1,812 - 1,812 9,767	£ 9,813	£	£ 9,813	£ 9,307
Van Hire and Expenses Utilities Stationery and printing	11,537 809	-	11,537 809	12,143 324 500
I T Costs Insurance	614	-	614	541 747
Admin Expenses Sundry expenses Consultancy fees	63 116 -	- -	63 116 -	114 471 -
Advertising and PR Capital Expenditure	13,919 38,683	- -	13,919 38,683	9,935 43,849
3 Equipment Donated Equipment Purchased	Unresticted 5,411	Restricted	2024 5,411	2023
Delivery and Renovation Storage	35,405 1,020	-	35,405 1,020	41,426 917
Funds Donated	41,836	<u>15,697</u> -	41,836	58,040
4 Unrestricted Funds			2024 £	
At 1 July 2023 Surplus (Deficit) for the Year			48,769 (8,998)	



"We offer a collection service across mainland UK and an uplift service allowing more than 500 care homes as well as individuals to donate mobility aids."

Khalid, who also won the Making A Difference category, added: "I am honoured to accept this award on behalf of the charity as it is testimony that the small actions of a grassroots group of volunteers can make a big impact on a global level.

"At home here in the UK we have created an emotional legacy for thousands of equipment donors and overseas we are giving the gift of mobility and dignity to disabled people allowing them to access education, employment and to fulfill their dreams. Things we all take for granted."

His award was just one of the highlights of a breathtaking evening which saw acting legend Robert Carlyle OBE pick up the Lifetime Achievement Award from his pal James Cosmo.

Scotland's Champions which bring together two longstanding campaigns from the Sunday Mail and Daily Record - the Great Scot Awards and Our Heroes - was presented by comedian Des

Along with our title sponsor Utilita, we saluted ordinary Scots doing extraordinary things as well as stars from the worlds of sport, entertainment and music.

More than 300 guests, including famous faces from sport and showbiz, joined in as we saluted our heroes.



A visit to Gambia, by our chair was hosted by our incountry partner HMD - Helping to make a Difference took place in August 2023.







Coinatiners were delivered to Karachi and Lahore to Disabled Welfare Association and Milestone (Society For The Special Persons) resepectively.





Our second container to date to Uganda arrived and was distributed by the Jinja Islamic Medical Centre. The country's constitution states that Persons with disabilities have a right to respect and human dignity, and the State and society shall take appropriate measures to ensure that they realize their full mental and physical potential.





We delivered our first container to the East African country and the island of Zanzibar Distrution took place through Zanzibar Association Of The Disabled(UWZ) and the Health Ministry. Our chair Khalid Raza assisted during a visit shortly afterwards.